## Sample Pocket Cards for Physicians and Nurses

## **REMOVE THAT URINARY CATHETER!**

### Foley catheters can cause:

- ↑ Infections
- ↑ Length of Stay
- ↑ Cost
- ↑ Patient Discomfort
- ↑ Antibiotic Use

Urinary Catheters confine patients to bed, making them more immobile and thus increasing their risk for skin breakdown.

PREVENTION IS KEY.

# OBTAIN ORDERS TO DISCONTINUE UNNECESSARY URINARY CATHETER!

Front

## **REMOVE THAT URINARY CATHETER!**

### Foley Catheters are indicated for:

- Acute urinary retention or obstruction
- Perioperative use in selected surgeries
- Assist healing of perineal and sacral wounds in incontinent patients
- Hospice/comfort/ palliative care
- Required immobilization for trauma or surgery
- Chronic indwelling urinary catheter on admission

### Foley Catheters are **not** indicated for:

- Urine output monitoring OUTSIDE intensive care
- Incontinence (place on toileting routine, change frequently)
- Prolonged postoperative use
- Patients transferred from intensive care to general units
- Morbid obesity
- Immobility (turn patient q 2 hours, up in chair)
- Confusion or dementia
- Patient request

Back